



BEAUTY IS LIFE
AESTHETIC INSTITUTE

Treatment Menu

NEOSTRATA EXUVIANCE FACIALS:

Bionic Boosting Facial	(60min)	R600
<i>Enhance skin function for optimal hydration, repair, and regeneration.</i>		
Age Reverse and firming facial	(60 min)	R620
<i>Lift and smooth for youthful skin.</i>		
Clarifying facial	(60 min)	R550
<i>Deep cleanse and clear problematic skin.</i>		
Purifying Back Facial	(60 min)	R650
<i>Detoxify and soothe your back's skin.</i>		
Add on peel		R250
<i>Enhance treatment with a deeper exfoliation peel.</i>		
Add on booster peel		R350
<i>Intensify results with a powerful booster peel, combining two peels for maximum effect.</i>		

SKNLOGIC FACIALS:

Hydration Booster facial	(60 min)	R550
<i>Powerful hydration treatment to boost skin plumpness.</i>		
Clarifying facial	(60 min)	R520
<i>Deep cleanse and soothe for congested skin.</i>		
Anti ageing facial	(60 min)	R600
<i>Firming and lifting treatment for younger looking skin.</i>		



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AESTHETIC TREATMENTS:

Ultrasonic and Light Therapy Treatment		R700
<i>Boosts radiance and rejuvenates with advanced light therapy.</i>		
Elaine Brennan Medical Peel		R8 500
<i>Our most advanced peel for profound skin renewal.</i>		
Elaine Brennan Glow Peel		R2 250
<i>Brighten and revitalize with a glow-enhancing peel.</i>		
Retinol Peel		R1 100
<i>Stimulate cell turnover for smoother skin.</i>		
TCA Peel		R1 000
<i>Powerful peel for deeper exfoliation and correction.</i>		
Lycoderm Radiance Peel		R680
<i>Enhance radiance with a gentle exfoliating peel.</i>		
Lycoderm ARP Peel		R680
<i>Aids in the removal of pigmentary lesions.</i>		
Lycoderm Glycolic Peel		R680
<i>Exfoliate and renew with glycolic acid.</i>		
Microdermabrasion, Full face and neck		R550
<i>Polish and smooth for a refreshed complexion.</i>		
High Frequency Facial	(60 min)	R700
<i>Target blemishes and stimulate skin healing.</i>		
Galvanic Facial	(60 min)	R700
<i>Enhance hydration and firm skin with galvanic currents.</i>		



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DERMAL HEALTH PEEL:

Targeted peels for radiant, clear, and refreshed skin.

Illuminize Peel	R750
Clarifying Peel	R750
Dermalize Peel	R750
Glycolic Peel	R750

MICRO NEEDLING (DERMAPEN 4):

Micro needling face	R1 150
<i>Boosts collagen, targets concerns, (fine lines and wrinkles, scarring and pigmentation) and revitalizes skin texture of face.</i>	
Needling face and neck	R1 400
<i>Boosts collagen, targets concerns, and revitalizes skin texture of face and neck.</i>	
Needling face, neck, chest	R1 800
<i>Boosts collagen, targets concerns, and revitalizes skin texture of face, neck and décolleté.</i>	
Needling with Retinol	R1 750
<i>Boosted collagen with Retinol infusion.</i>	
Needling for Hair stimulation	R1 200
<i>Promotes hair growth and thickness.</i>	
Mask add on	R200
<i>Enhance hydration with a soothing mask.</i>	



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THREADING:

Threading per area	R100
<i>Precise, heat-free hair removal.</i>	
Full face threading	R220
<i>Gentle, heat-free full-face hair removal.</i>	

TINTING:

Lash/ Brow tint	R90
<i>Enhances color for lashes or brows.</i>	
Brow and Lash tint	R150
<i>Intensify color for both brows and lashes.</i>	
Brow tint and shape	R160
<i>Defines and colors brows for a perfect shape.</i>	

LASH LIFT:

Lash lift	R550
<i>Lifts and curls for more defined lashes.</i>	

BROW LAMINATION:

Brow Lamination	R550
<i>Sets brows in place for a full, sculpted appearance.</i>	



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LASH EXTENSIONS:

Enhance your look with our range of luxurious lash extensions, available in various styles and volumes for a perfect finish.

Mink Lash Full Set	R670
2 week fill	R260
3 week fill	R340
Mink Lash Half Set	R440
3D Lash Full Set	R830
3D Lash Half Set	R550
Silk Lashes Full Set	R860
Silk Lashes Half Set	R550
Russian	R920

MANICURES:

File and Paint (hands)	R230
<i>Neat and polished finish for your hands.</i>	
File and Gel application	R300
<i>Fresh file with long-lasting gel polish.</i>	
Classic manicure	R330
<i>Essential cuticle care, nail care, exfoliation and hand massage with polished elegance.</i>	
Classic manicure w. gel	R370
<i>Essential cuticle care, nail care, exfoliation and hand massage with durable gel.</i>	
Soak off	R100
<i>Gentle removal of old gel.</i>	



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PEDICURES:

Medical Pedicure	R380
<i>Specialized treatment for toenails and heels needing extra care.</i>	
File and Paint (feet)	R220
<i>Simple shape, polished finish for your feet.</i>	
Classic Pedicure	R400
<i>Footbath and exfoliation, cuticle care, nail care and massage with a polished touch.</i>	
Luxury Pedicure	R460
<i>Indulgent cuticle care, nail care, foot exfoliation with a warm caviar foot bath and relaxing massage. (Polish included)</i>	
Gel Add	R100
<i>Long-lasting gel polish for a perfect finish.</i>	
Paraffin Wax	R90
<i>Moisturizing treatment for soft, smooth feet.</i>	
Medi-Heel Treatment	R150
<i>Targets dry, cracked heels for relief.</i>	
French add on	R70
<i>Classic French line, for a refined look.</i>	
Soak off	R100
<i>Gentle removal of old gel.</i>	



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WAXING:

Brow/ lip wax	R90
<i>Precise waxing for smooth brows or lips.</i>	
Full face wax	R250
<i>Complete facial waxing for a flawless finish.</i>	
Half leg wax	R230
<i>Smooths from knee to ankle.</i>	
¾ leg wax	R260
<i>Smooths from mid-thigh to ankle.</i>	
Full leg wax	R290
<i>Total leg waxing for silky smooth skin.</i>	
Back wax	R350
<i>Removes unwanted hair for a clean back.</i>	
Full arm wax	R230
<i>Smooths from shoulder to wrist.</i>	
Chest wax	R290
<i>Removes hair for a smooth chest area.</i>	
Underarm wax	R190
<i>Effective waxing for a hair-free underarm.</i>	
Bikini wax	R220
<i>Cleans up the bikini line with precision.</i>	
Brazilian wax	R350
<i>Strategic hair removal for a clean look.</i>	
Hollywood wax	R410
<i>Complete hair removal for a smooth, clean finish.</i>	



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MASSAGES:

Back, Neck and Shoulder Massage <i>Eases tension and relieves muscle stress.</i>	(30 min)	R440
Back, Neck and Shoulder Massage <i>Eases tension and relieves muscle stress.</i>	(45 min)	R520
Lower leg and foot massage <i>Soothes and rejuvenates tired legs and feet.</i>	(40 min)	R400
Deep Tissue Massage <i>Targets deep muscle layers for relief.</i>	(60 min)	R650
Full Body Massage <i>Comprehensive relaxation and stress relief.</i>	(90 min)	R780
Manual Lymph Drainage <i>Promotes detoxification and reduces swelling.</i>	(60 min)	R500
Full Body Exfoliation <i>Refreshes and smoothes your entire body.</i>	(45 min)	R300
Full body hydration mask/ detox mask <i>Hydrates and detoxifies for glowing skin.</i>		R320

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